

| | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|---------------|--|---|---|--|---|
| Week 1 | Morning Tea | Crackers, cheese & fruit | Yoghurt and Fruit | Crackers, cheese & fruit | Weet bix and Fruit | Crackers, cheese & fruit |
| | Lunch | BEEF AND SPINACH BAKE  | CHICKEN CHOW MEIN  | SPAGHETTI BOLOGNAISE  | PUMPKIN SOUP  | TUNA & TOMATO BAKE  |
| | Afternoon Tea | Fruit Platter Mixed Sandwiches | Spinach and ricotta rolls Fruit Platter | Fruit Platter Fruit Loaf | Fruit Platter Apple slice | Fruit Platter Pikelets |
| Week 2 | Morning Tea | Crackers, cheese & fruit | Crackers, cheese & fruit | Weet bix & Fruit | Crackers, cheese & fruit | Yoghurt |
| | Lunch | CHEESY CHICKEN RISOTTO  | BEEF STROGANOFF  | CREAMY TUNA & CORN  | SWEET AND SOUR VEGETABLES & NOODLES  | BEEF CURRY & RICE PIE  |
| | Afternoon Tea | Fruit Platter Fruit Loaf | Fruit Platter Apple & Sultana scrolls | Fruit Platter Mixed Sandwiches | Fruit Platter Pizza pin wheels | Fruit Platter Apple slice |
| Week 3 | Morning Tea | Yoghurt & fruit | Crackers, cheese & fruit | Crackers, cheese & fruit | Crackers, cheese & fruit | Weet bix & fruit |
| | Lunch | TOMATO & VEGETABLE PASTA  | CHICKEN DINOSAUR SOUP  | PASTIE SLICE  | TUNA RISOTTO  | BEEF TACOS  |
| | Afternoon Tea | Fruit Platter Mixed Sandwiches | Fruit Platter Pizza pin wheels | Fruit Platter Fruit Loaf | Fruit Platter Apple and sultana scones | Fruit Platter Pikelets |
| Week 4 | Morning Tea | Crackers, cheese & fruit | Weet bix and Fruit | Crackers, cheese & fruit | Yoghurt & fruit | Crackers, cheese & fruit |
| | Lunch | TUNA MORNAY  | MEDITERRANEAN BEEF STEW  | CHICKEN & VEGETABLE PIE  | FRUITY BEEF CURRY  | VEGETARIAN FRIED RICE  |
| | Afternoon Tea | Fruit Platter Fruit loaf | Fruit Platter Spinach & ricotta rolls | Fruit Platter Cheese Toasties | Fruit Platter Pizza pin wheels | Fruit Platter Apple & sultana scones |

